

Wenham Holt Nursing Home



Caring for Everyone

Wenham Holt Nursing Home: Activities programme 2020

(adjusted because of COVID-19 Pandemic)

Monday

Morning: Hairdressing, newspapers, and magazines
Hoopla and skittle floor games

Afternoon: Complimentary bar and snack service
Tea party with music and chatting
Seated exercises
Walks in the garden
One to one activity in patient's room's

Tuesday

Morning: Quiz and reminiscence time

Afternoon: Bar and snack service
Make up session
Manicure and aromatherapy
Seated exercises
Walks in the garden

Wednesday

Morning: Newspapers and magazines
Art Club Painting

Afternoon: Bar and snack service
Musical instruments fun and Poetry.
One to one therapy and activity in patient's room's
Seated exercise
Walks in the garden.

Thursday

Morning: Newspapers and magazines
Knit and natter
Beach ball games

Afternoon: Bar and snack service
Musical instruments and poetry
One to one therapy and activity in patient's room's
Seated exercises
Walks in the garden

Friday

Morning: Newspaper and magazines
Flower arrangements

Afternoon: Bar and snack services
Music and dancing
One to one activity in patient's room's
Seated exercises
Walks in the garden

Saturday

Morning: Newspapers and magazines
Sing along

Afternoon: Bar and snack service
Games club: board games, jigsaws
One to one activity in patient's room's
Seated exercises
Walks in the garden

Sunday

Morning: Newspapers and magazines
Quiz and book trolley

Afternoon: Bar and snack service
Afternoon film club
Drawing and painting
One to one therapy in patient's room's
Seated exercised
Walks in the garden